



PANAMUNA
OUTRIGGER CANOE CLUB

Change Over Regatta

OC 6 PANAMUNA CHALLENGE

Short Course & Juniors followed by Beach Changeover Race

SATURDAY, 02 May 2009

To be held at

PIRATE PARK – MOOLOOLABA

For more information visit our website at:

<http://www.panamuna.com/>



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www.panamuna.com



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PANAMUNA

OUTRIGGER CANOE CLUB

On behalf of the Panamuna Outrigger Canoe Club and due to overwhelming popular demand, I welcome you back to our fourth Annual “Panamuna Challenge”. This year the event will be held at Pirate Park, Mooloolaba (just along the beach from previous years; please see enclosed map).

This event has become well know for a number of reasons:

- The opportunity for clubs to show their skills and expertise in the changeover format close to all that Mooloolaba has to offer
- Unique opportunity for less experienced paddlers to engage in the change over format; just off the beach and in the relative calm waters in the bay.
- Caters to everyone with short course and juniors racing prior to the change over races
- Unparalleled race design for spectators as it offers close range action and showcases our wonderful sport in all its glory.

I extend a special welcome to all families as we strongly believe our sport will grow from strength to strength with an emphasis on supporting the entire family.

All of your needs have been taken into consideration, such as accommodation, beach position, safety and medical facilities.

Please come, enjoy and Ride the Wave.

Brad Martin

(President)



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ABOUT THE EVENT

Short Course Races

- 9km short course first up in the morning for women, men, mixed teams & U 19's
- Junior marathons will also be held throughout the morning
- You must paddle with your own club for short course as usual

Change Over Races

- The main race is the 27km changeover race
- It consists of 9 x 3km laps of a triangular course
- Changeovers will take place off the beach (see map)
- A minimum of 2 paddlers to change each lap
- Mixed club teams permitted for the changeover race
- Nine (9) paddlers for men's teams
- Nine or ten (9 or 10) paddlers for women's and mixed teams
- Maximum of 5 Males per mixed team
- Minimum of 3 women to remain in the mixed team canoe through-out the race
- No teams of 8 or less will be accepted
- Regatta rules will be in accordance with AOCRA regulations

Other

- All clubs are to ensure that sufficient canoes are available
- Loan canoes will not be provided by the organizers unless by arrangement prior to the regatta
- BBQ, non-alcoholic and alcoholic beverages will be available at the site all day
- Stay, have a drink, enjoy the music for Presentation / Race wrap up
- Medals will only be awarded to juniors and novice teams



RACE PROGRAM Saturday, 02 May 2009

- ☐ 6.45am First briefing
- ☐ All other briefings 15 -20 min prior to races
- ☐ Please listen to all announcements
- ☐ Race times are subject to change
- ☐ Low Tide: 9:04am, 0.53 metres
- ☐ High tide: 2:55pm, 1.24 metres

Time	Division	Class	Distance
6.45 am	Briefing Short Course: <ul style="list-style-type: none"> ☐ Women ☐ Men ☐ Mixed Open ☐ Novice Women, and; ☐ Juniors 		
7.00	Short Course Women/Mixed: <ul style="list-style-type: none"> ☐ Open Women ☐ Open Mixed ☐ Novice Women 	Short Course Men / U19's: <ul style="list-style-type: none"> ☐ Open Men ☐ Novice Men ☐ Under 19's 	OC6 9km
8.00	Under 12's	OC6	2km
8.30	Under 16's	OC6	6km
9.00	Under 14's	OC6	4km
9.30	Medal Presentation Novice and Junior Teams		
9.45	Briefing Beach Changeover Race (Women & Mixed): <ul style="list-style-type: none"> ☐ Ladies, and; ☐ Mixed Open 		
10.00	Beach Changeover Race (Women & Mixed): <ul style="list-style-type: none"> ☐ Mixed Open ☐ Open Women ☐ Master Women ☐ Senior Master Women 	OC6	27km
12.15	Briefing Beach Changeover Race (Men):		
12.30	Beach Changeover Race (Men): <ul style="list-style-type: none"> ☐ Open Men ☐ Master Men ☐ Senior Master Men 	OC6	27km
Presentation and Race Wrap-up to follow			



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BEACH CHANGE OVER COURSE



NOMINATIONS

- ☐ Nominations will be taken only online at AOCRA Website:

www.aocra.com.au

- ☐ Club nominations close: 18 April 2009
- ☐ Team nominations close: 25 April 2009
- ☐ Race Director will be Brad Martin: 0410638626
- ☐ Other enquiries to Debbie Gourlay: danjay2@bigpond.com
- ☐ Event fees: Senior OC6 Short Course \$78 per team
Senior OC6 Change-over race \$150 per team
Junior OC6 \$48 per team



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OUTRIGGER CANOE CLUB

PARKING / CANOE LAUNCH

- Car parking is available all along Parkyn Parade
- Parking for boat trailers is in the park opposite
- Information about canoe launching will be dependant on weather conditions and will be posted closer to the date



ACCOMMODATION

There is a wide range of accommodation options on the Sunshine Coast.

For information visit: www.sunshinecoast.com

More specifically Mooloolaba accommodation:

<http://www.sunshinecoast.com/accommodation/mooloolaba.html>